

Acompañando Cambios con Compromiso

Friends of the foundation:

My dear Friends, receive warm greetings from all the children, families and the entire Foundation team. In this second Newsletter, we want to share with you not only all the work we have done but also tell you that Kindernothilfe (KNH) informed us that they will support the new proposal of joining the "Fenix" and "Inti Kanchay" projects into only one; this because, when children turn 8 years old, they go from the Fenix into the Inti Kanchay project; henceforth the two projects will become only one, and it will be called "FENIX".

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Thank you for your great support and interest in all these children and their families

Víctor H. Arellano Soto DIRECTOR

News from FEC



We appreciate the work of our friend Nicolas Giry who came from France as a volunteer. We have very fond

have very fond memories of him and we wish him all the best in his life ©

This month we had the joy of welcoming Charlotte Karlsson from Finland, who came to spend some time with us as a



time with us as a volunteer at the Foundation, we wish her Success! ©



Finn Eilts is a new volunteer who came from Germany to work with the children and teenagers of

the foundation, we thank him kindly!

Jonathan Saver is a young man from Germany who came to Cochabamba to work as a volunteer, he is working with



great enthusiasm, and we want to wish him a warm welcome!

Work carried out within the projects: Inti Kanchay, Fénix y Coyera - Wiñana



The children from Inty Kanchay make handicrafts that develop their creativity and entertain them; furthermore they stimulate interpersonal and livelihood relations among them.



Children of the Fenix project make handicrafts for the Easter Holidays and share them with their friends during the Easter Hunts.



Users of the Wiñana project, along with their families, participated in activities where family values and responsibilities were strengthened.

Coyera - Wiñana Project



Dona Aliaga and Ademar Herbas

The Winana project supported them so they could start selling coconut juice and work towards their independency, hence improving their quality of life and family.



Tania Zambrana (17 years old)

In the "America" group, it was explained to her that nutritious food is essential for the growth of her child. This encouraged her to use more vegetables and grains in the preparation of their daily food.



Javier Quispe and Fabiola Ayaviri

They stopped using psychoactive substances. The couple became aware of the fatal long-term consequences of using drugs. Both of them are currently working with responsibility, they have plans to live in better conditions.



Matilde Santalla

She was sponsored to get a job as a salesclerk at a grocery store. She is stable and is following the schedule at her workplace, developing responsibility and healthy habits at work and towards her children.



Marcela Villarroel and Celso Suyo

They worked on improving their inner-family relationships, so they could improve their family condition as a whole. Furthermore, they are both assuming their responsibilities; Celso works as a carpenter and Marcela is a home-worker. They also received support moving their things to their new room.



Lizbeth Vania "Chocamani" and Abraham Cauhaya

The couple is now stable. Vania was helped to become aware of her 7-month pregnancy. Abraham was oriented regarding his responsibilities as a father; he is currently looking for a job. Finally, the couple improved their personal image (they are clean), have reduced their drug use and are trying to move forward working towards their life project.



Jerson Galarza Vargas (18 years old)

He satisfactorily completed his military service, he found his uncle in Santa Cruz and received support for his journey there. Jerson is currently working in an aluminum joinery workshop.

Inti Kanchay Project



Paper folding (origami)

This is a really interesting and entertaining activity for children because, as they play, they are developing skills such as patience and perseverance; they are also improving their concentration and memory. Moreover, they put their manual ability and hand-eye coordination to the test; it helps them to better understand spatial concepts (forward, backward, up, down, etc.) and the most important thing is that they feel satisfied when they see they have done something with their own hands, reinforcing their self-esteem since it provides them with a sense of autonomy.



Chess

During their leisure time, with the help of the volunteer Joanna, we taught the new population of children the basic rules and movements of chess pieces. We believe that chess enhances the We believe that chess enhances the functioning of children's intelligence; which is necessary for academic life since it increases logical-mathematical reasoning, stimulates creative imagination, strengthens concentration and memory, awakens and sharpens critical thinking, stimulates problem solving abilities and decision making solving abilities and decision under pressure. Furthermore, tempers the patience and the spirit of the child.



Household chourses

Children are encouraged daily to carry out different household chores, aimed to keep the project's facilities clean and tidy. Each member of the project, from the youngest to the oldest, has to carry out a chore as a part of the shared responsibilities, always under the supervision and support of the teachers. From an education approach, this activity encourages the development of selfesteem by entrusting them tasks that contribute to the welfare of the group, help them in their social adaptation, contribute to their maturity process, help them become more independent and autonomous, break the sexist concepts that only women are responsible for the house-chores, strengthen good habits of cleanliness and hygiene and develop their collaboration and cooperation abilities by working side by side with their peers.



Joanna's farewell party

In July, we had Joanna's farewell party in the Bicentennial Park with the participation of the entire population. We want to highlight her willingness to work, her strong sense of responsibility and her commitment to the "Inti K'anchay" Project; during her stay, she was able to gain our acknowledgement and affection because of her patience, warmth and hard work. It was a day of mixed feelings since we enjoyed the day at the park with Joana, but we were also sad because our friend was leaving. The children and teenagers had the chance to give her farewell words and best wishes



Cut paper mosaic

This activity requires manual dexterity, concentration, patience and a lot of attention to details. It involves cutting small pieces of colored paper and gluing them on a printed image without losing the form and esthetics of the original. The children were able to spring their creativity and make beautiful mosaics with recycled material



Pedro Poveda School

In August, students from the Pedro Poveda school visited us. As a way to facilitate the integration of our children with our visitors, we prepared a finger painting activity. It was a productive morning in which both had the opportunity to interact, to get to know each other a little more, to become friends, to show the reality and the needs of our children while working collaboratively on an enjoyable activity such as finger painting.



Fenix Project



Education area

This semester, several activities related with early stimulation in the education area were carried out, which are a fundamental part of the children's development because they are related to cognitive, sensory and emotional skills. Furthermore, other control activities, such as games aimed at promoting self-control and handling small objects with tweezers, are under way.



Oral hygiene

A workshop about dental hygiene was carried out with the parents, because most of the parents do not have the habit of brushing their teeth. After the theoretical lecture, a toothbrush was given to every parent; then, they practiced brushing their teeth. After that, the parents taught their children how to brush their teeth. The children brushed their teeth and washed their hands, promoting health and preventing oral diseases.



As a part of the art area, the mothers worked using recyclable material (newspapers) to make clothes for their children. Through this activity, the mother-child relationship was strengthened.



Friendship day

Friendship is an important value to develop in children's education; that is why selfless affection among peers is taught as part of the project. During the Friendship day celebration children wrote and handed out cards to promote the values of respect and friendship, and we also shared a delicious cake.



Mother's day

A special meal was prepared for all mothers at the project; we had games that strengthened the mother-child relationship. Every mother received a handicraft made by the children and a commemorative cup as a gift from the project.